



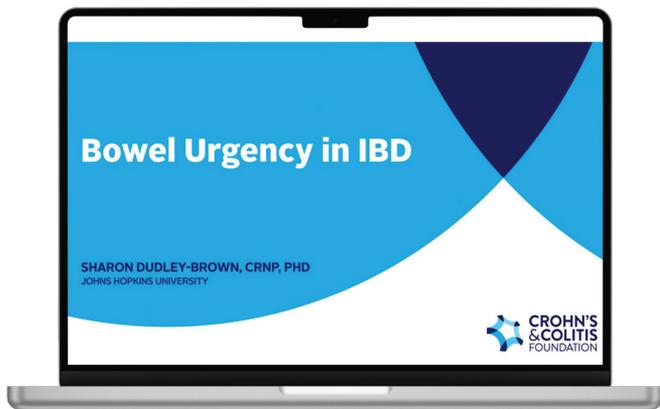
CROHN'S
& COLITIS
FOUNDATION

IBD PRO

IBD Resource Highlight

Bowel Urgency in IBD Webinar

Bowel urgency—the sudden need to reach a bathroom—is among the most distressing symptoms for patients with inflammatory bowel disease (IBD). The CONFIDE survey found that bowel urgency disrupts emotions and daily activities, causing panic, embarrassment, and frustration, as reported by both patients and healthcare professionals in the US and Europe (Rubin et al., *Inflammatory Bowel Diseases*, 2025; 31:S64–S65, <https://doi.org/10.1093/ibd/izae282.150>).



It occurs in both Crohn's disease and ulcerative colitis, and may result from active or chronic inflammation, coexisting irritable bowel syndrome, or anorectal dysfunction.

A new patient webinar from the Crohn's & Colitis Foundation explores this under-discussed symptom of IBD, equipping patients with knowledge and coping strategies. Providers are encouraged to share this resource to help patients manage urgency and improve quality of life.

Webinar highlights include:

- ✓ What bowel urgency is and how patients define it
- ✓ How common bowel urgency is in IBD
- ✓ Physical, emotional, and social impact
- ✓ Causes
- ✓ Why urgency is often overlooked by healthcare providers
- ✓ Patient experiences and real-world challenges

... and much more!



**ACCESS THE
RESOURCE**